

Northern District Cross Country Championships, Elgin -

Senior 7 $\frac{1}{2}$ miles: 1, B. Chinnick (Forres H) 37:30; 2, C. Armstrong (Elgin AAC) 37:38; 3, J. Bowman (Inverness H) 38:23; 4, G. Milne (Peterhead AAC) 38:86; 5, W. Miller (Caithness AAC) 38:44; 6, C. McIntyre (Coasters AC) 38:49.

Teams: 1, Elgin AAC 70pts; 2, Forres H 127pts; 3, Lochaber AAC 135pts.

Youths: 1, D. Young (Forres H) 19:10; 2, D. McAdam (Inverness H) 19:21; 3, C. McNeill (Forres H) 19:42.

Teams: 1, Inverness H 12pts; 2, Forres H, 15pts; 3, Black Isle AAC 39pts.

Senior Boys: 1, S. Jarvie (Inverness H) 14:53; 2, C. Stewart (Inverness H) 15:08; 3, G. McDowall (Inverness H) 15:17.

Teams: 1, Inverness H 6pts; 2, Lochaber AC 25pts; 3, Elgin AAC 45pts.

Junior Boys: 1, D. Sutherland (Inverness H) 11:51; 2, I. Murray (Inverness H) 11:53; 3, D. Hards (Inverness H) 11:57.

Teams: 1, Inverness H 6pts; 2, Elgin AAC 36pts; 3, Orkney Islands AAA 37pts.

Intermediate/Senior: 1, M. Boyd (Forres H) 16:37; 2, S. Campbell (Inverness H) 16:47; 3, J. Wilson (Inverness H) 16:57.

Juniors: 1, J. Rankine (Inverness H) 13:23; 2, L. MacIntosh (Peterhead AAC) 13:46; 3, D. Anderson (Elgin AAC) 13:49.

Girls: R. Davidson (Inverness H) 8:46; 2, L. Forman (Peterhead AAC) 8:53; 3, L. Henderson (Inverness H) 8:58.